



Lion Sands
GAME RESERVE

SPA & WELLNESS – FACT SHEET 2019

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www.more.co.za

The best moments in life are when we feel most connected to self, and in harmony with... the world around us.
– Renchia Droganis

Spa & Wellness

Luxury is about so much more than a beautiful suite in an exotic location – it is about the experience of being very well taken care of, which inspires a fundamental sense of well-being. And where better to indulge than in our lodges' bush spas or salas (or on guests' private decks), offering body treatments and beauty rituals at the hands of expert therapists? Having an outdoor massage, with a blend of marula and neroli oils, after an eventful game drive is a luxury unique to Africa.

Spa Products

Each of our spa therapies involves natural Africology products. Africology is South Africa's leading organic and ethically-formulated spa product brand, at the heart of which lies founder and CEO Renchia Droganis's devotion to healing. An experienced metaphysical counsellor, reiki master and aromatherapist, it is her sage understanding of the interaction between the mind and the physical, and her belief that self-care brings them into balance, which infuse Africology.

Spa Treatments*

With our scrubs, massages, wraps and facials, we promise wellness experiences that rejuvenate the body, quiet the mind, and revitalise the spirit. Signature treatments include the Shaman's Healing Journey, helping guests find their centre of calm with a gentle and warm rose quartz crystal massage to balance the body's energy. While a range of grooming treatments – eyelash/eyebrow tinting/shaping, manicures, and pedicures – will leave guests looking as good as they feel.

**Spa menus are available on the Lion Sands website, or enquire with MORE Reservations*