



## SPA & WELLNESS – FACT SHEET 2019

MORE Head Office/Reservations | Tel: +27 (0)11 880 9992 | Email: [res@more.co.za](mailto:res@more.co.za) | Website: [www.madikwesafarilodge.co.za](http://www.madikwesafarilodge.co.za)  
[www.more.co.za](http://www.more.co.za)

*The best moments in life are when we feel most connected to self, and in harmony with... the world around us.*  
– Renchia Droganis

### Spa & Wellness

Luxury is about so much more than a beautiful suite in an exotic location – it is about the experience of being very well taken care of, which inspires a fundamental sense of well-being. And where better to indulge in body treatments and beauty rituals, at the hands of expert therapists, than in the privacy of guests' own suites or pool decks? Having a massage, with a blend of jasmine, neroli and geranium oils, in the outdoors after an eventful game drive is a luxury unique to Africa.

### Spa Products

Each of our spa therapies involves natural Africology products. Africology is South Africa's leading organic and ethically-formulated spa product brand, at the heart of which lies founder and CEO Renchia Droganis's devotion to healing. An experienced metaphysical counsellor, reiki master and aromatherapist, it is her sage understanding of the interaction between the mind and the physical, and her belief that self-care brings them into balance, which infuse Africology.

### Spa Treatments\*

With our range of massages – using fragrant essential oils, intonga sticks, hot stones, and the art of touch – we promise wellness experiences that rejuvenate the body, quiet the mind, and revitalise the spirit. Signature treatments include the Bespoke Yoga Body Massage, working with the meridians of the body through gentle stretches and pressure applied to activate its natural healing mechanisms. Individually-customised facials then leave guests looking as good as they feel.

*\*Spa menus are available on the Madikwe Safari Lodge website, or enquire with MORE Reservations*