

SPA MENU

North West Province - Lelapa, Kopano & Dithaba Lodge



BODY EXPERIENCES

BESPOKE YOGA BODY MASSAGE® 90min ZAR 990.00

Harnessing the powerful and tested knowledge of Indian yoga, this massage works with meridians of the body as well as the muscles. Pressure is used on meridian lines to activate the body's natural energy lines before limbs are stretched and massaged. Chakra points are also stimulated and Africology's Bespoke Massage Oils are used to enhance the experience. The client chooses from our selection of massage oils according to their physical condition and mental state.

MAJESTIC AWAKENING® 35min ZAR 400.00

Neck, shoulders and scalp - Easy-melting Shea from Ghana creates a sublime, beautiful body experience. Once applied to the skin melts deeply into the upper layers of the dermis to hydrate, soothe and condition. The shea is combined with your sensory selection of exotic jasmine, neroli and geranium, or black pepper and rosemary for a deep tissue treatment, or calming chamomile to relax. The treatment begins where your neck, shoulders and scalp are deeply massaged, dissipating tension and stress through touch and aromatherapy.

INTONGA AMASATCHI®

75min ZAR 830.00

Full Body Treatment - We know that the body has a memory of all emotional experiences. An inability to let go often expresses itself in the body that can be blamed for low immunity. Intonga Amasatchi is a deep tissue and stress-relieving treatment. Skilful movements are performed with the hands, and differently sized wooden sticks are used to stretch tight muscles and ease toxic overload from daily stress. Symbolically, the stick or staff represented wisdom and direction to the healer. Created from yellow wood, the traditional healer knew that the energy of earth was a valuable tool.

HOT STONE MASSAGE

30min ZAR 450.00 | 60min ZAR 690.00 | 90min ZAR 950.00

While providing additional deep tissue pressure, the stones infuse muscles with warmth while breaking up knots of tension. Our chosen massage medium is marula oil, which creates a hydrating and protective barrier while infusing the skin with powerful antioxidants and essential fatty oils.

DEVOTION JOURNEY®

60min ZAR 920.00

Couples Experience - We have created a sacred space filled with divine intention, shared between you and the one you share a spiritual journey with. Sit back, relax and allow the alluring fragrances of pure essential oils to transport you to a place once known but forgotten, only to be remembered once again. Then celebrate the essence of your divinity with a bubbly glass of champagne and chocolates before returning again to this world.

FACIALS

AFRICOLOGY BESPOKE FACIAL® 80min ZAR 920.00

Our Bespoke facials are designed specifically with each client's needs in mind. We offer a variety of serums that will address particular skin issues. Depending on which serum the client chooses (with the guidance of your trained therapist), each facial is specially made for each client. Like the phases of the moon, we would like to keep the hormonal phases of the body in natural rhythm. Just as your eyes are the windows to your soul, your face is the mirror of your inner feelings, the image which you present to the world. No two faces are the same, and so here at Africology, we acknowledge the need for skin treatments that are designed with your skin's needs in mind.

AFRICOLOGY EXPRESS FACIAL 45min ZAR 460.00

For the executive on the go, this facial rejuvenates the skin and relaxes you without putting a dent in your schedule. Our pure, natural ingredients feed the skin and return the youthful glow often dulled by stress.



Prices are subject to change without notice. Open 8am to 5pm daily. Evening appointments are by booking only and available until 9pm. Contact details: madikwe@africology-sa.com | www.africologyspa.com